

## Mental health issues the No. 1 concern for Sunshine Coast kids

**Mental health is now the number one issue of concern for Sunshine Coast kids contacting the national telephone counselling service, Kids Helpline.**

Almost 20 per cent of kids calling from the Sunshine Coast over the past year were phoning about their own mental health or that of someone else, with worries about anxiety, depression, self harm, clinically diagnosed mental health problems and medication heading their list of concerns.

These statistics reflect a national trend which has seen a doubling in the number of Australian children and young people calling Kids Helpline about mental health since 2003.

Alarming, 25 per cent of the children and young people from the Sunshine Coast that contacted Kids Helpline in 2007 reported having engaged in self harming behaviour while 6% were experiencing current thoughts of suicide. With calls about mental health, suicide and deliberate self-injury on the increase Kids Helpline's Sunshine Coast service is more important than ever.

The good news for Sunshine Coast residents is that they can help Kids Helpline's telephone counsellors provide vital early intervention by buying \$15 lottery tickets in BoysTown's luxury new prize home at 71 Moorindil Street, Tewantin.

Funds raised from the sale of tickets in the \$1.1 million prize package help Kids Helpline provide free and confidential counselling services to people aged 5 to 25 years old on the Sunshine Coast according to BoysTown Lotteries Fundraising Strategy Manager, Dominic Taylor.

"Buying \$15 lottery tickets in the Tewantin Prize Home could give you the life-changing experience of winning a million dollar prize package in one of the Sunshine Coast's most desirable areas while also helping provide a fresh start and new hope for troubled local kids," he explains.

The spacious, double-storey residence has a relaxing tropical ambience due to Noosa River views, lush surrounds and an open plan overlooking a sparkling inground pool. Built by respected Sunshine Coast builders, Lighthouse Properties, 71 Moorindil Street boasts an exceptional standard of finish which recently qualified the residence to grace the glossy pages of Australia's upmarket *Luxury Homes* magazine.

This \$1.1 million prize package also includes Furniture and Electrical valued at \$79,601 plus \$110,000 Gold Bullion and \$5,000 QANTAS Travel.

BoysTown Lotteries is offering an alternative prize as part of this lottery which means the lucky winner will have the choice of the Tewantin prize home or a prestigious townhouse in the inner-city Melbourne suburb of Richmond which includes Furniture and Electrical valued at \$37,596 plus \$110,000 Gold Bullion, a \$28,000 Harvey Norman voucher and \$5,000 QANTAS Travel.

The Tewantin Prize Home is

Located at: 71 Moorindil Street, Tewantin, Sunshine Coast  
Open to the public from: 9.00am to 5.00pm AEST daily until 29 July 2008  
9.00am to 4.00pm AEST on 30 July 2008

Featured online at: [www.boystown.com.au](http://www.boystown.com.au).  
\$15 tickets available: At the Tewantin Prize Home  
Online at [www.boystown.com.au](http://www.boystown.com.au)  
By calling 1800 555 079

Drawn: At the Richmond Prize Home, 11.00am AEST, 1 August 2008

**For more information and photographs: Noelani Bower, BoysTown Lotteries, 0417 761 747.**  
18 June 2008